

PageSpeed Insights

Telefon



≡ NAVIGATION



Dermatologji Kozmetike

Mjekësia e Bukurisë, kirurgjikale apo jo, është ajo shkencë mjekësore që merret me përmirësimin dhe vënien në pah të bukurisë, vitalitetit dhe rinisë fizike. Po ashtu, ka si objekt interesi jo vetëm përmirësimin në aspektin e jashtëm, por edhe bukurinë dhe gjallërinë që vien nga rigjenerimi i brendshëm. **Lexoni Më**

41 / 100 Shpejtësia

! Duhet përmirësuar:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

[Enable compression](#) for the following resources to reduce their transfer size by 141.2KiB (65% reduction).

- Compressing <https://rudinathanasi.com/wp-includes/js/jquery/jquery.js> could save 61.9KiB (65% reduction).
- Compressing <https://rudinathanasi.com/> could save 54.2KiB (82% reduction).
- Compressing <https://rudinathanasi.com/wp-includes/css/dashicons.min.css> could save 17.3KiB (39% reduction).
- Compressing <https://rudinathanasi.com/wp-content/plugins/elementor/assets/css/frontend-msie.min.css?2.3.8> could save 7.4KiB (90% reduction).
- Compressing https://www.youtube.com/iframe_api could save 368B (43% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/bg.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/de.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/el.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/es.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/fr.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/it.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/mk.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/nl.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/pt.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/ro.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/sq.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider/assets/images/ajax-loader.gif> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider->

Telefon

- slider/assets/images/arrow-left.png (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider-slider/assets/images/arrow-right.png> (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/03/IMG_4136-1.jpg (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Authorea.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Google.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Untitled-1-1.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/academicroom.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/bepress.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/liber-rudina-thanasi-png-per-web-1-1.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/libri-3d.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/loop.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/orcid.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/research-id.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/rudina-thannasi-logo-png-ok.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/sciencemedia.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729-1024x682.jpg> (expiration not specified)

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- <https://rudinathanasi.com/wp-includes/css/dashicons.min.css> (expiration not specified)
- <https://rudinathanasi.com/wp-includes/js/jquery/jquery.js> (expiration not specified)
- https://s10.histats.com/js15_as.js (expiration not specified)
- https://static.doubleclick.net/instream/ad_status.js (15 minutes)
- https://connect.facebook.net/en_US/sdk.js (20 minutes)
- https://translate.googleapis.com/translate_static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate_static/js/element/main_sq.js (60 minutes)

Reduce server response time

In our test, your server responded in 1.6 seconds.

There are many factors that can slow down your server response time. [Please read our recommendations](#) to learn how you can monitor and measure where your server is spending the most time.

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 2 blocking script resources and 4 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Remove render-blocking JavaScript:](#)

- <https://rudinathanasi.com/wp-includes/js/jquery/jquery.js>
- https://ws.sharethis.com/button/st_insights.js?publisher=4d48b7c5-0ae3-43d4-bfbe-3ff8c17a8ae6&product=simpleshare

[Optimize CSS Delivery](#) of the following:

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- <https://fonts.googleapis.com/css?family=Oswald%3A400%2C300%2C700%7CNoto+Serif%3A400%2C400italic%2C700%2C700italic%7CAssistant%3A100%2C100italic%2C200%2C200italic%2C300%2C300italic%2C400%2C400italic%2C500%2C500italic%2C600%2C600italic%2C700%2C700italic%2C800%2C800italic%2C900%2C900italic>
- https://rudinathanasi.com/wp-content/cache/autoptimize/css/autoptimize_701fb2f4f0d6d2f88188f2d72dee2ade.css
- <https://rudinathanasi.com/wp-includes/css/dashicons.min.css>
- https://rudinathanasi.com/wp-content/cache/autoptimize/css/autoptimize_single_e78eefd647b53c10eab33738a5d024e8.css

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 169.9KiB (69% reduction).

- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg> could save 160.8KiB (79% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg> could save 2.8KiB (26% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg> could save 2KiB (22% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg> could save 1.9KiB (22% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg> could save 1.4KiB (22% reduction).
- Compressing <https://yt3.ggpht.com/-flsBFpCxzmk/AAAAAAAAAAI/AAAAAAAAAAA/ZMHILaOCULs/s68-c-k-no-mo-rj-c0xxffff/photo.jpg> could save 740B (31% reduction).
- Compressing <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png> could save 375B (15% reduction).



Kalon 5 kontrolle

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Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Minify CSS

Your CSS is minified. Learn more about [minifying CSS](#).

Minify HTML

Your HTML is minified. Learn more about [minifying HTML](#).

Minify JavaScript

Your JavaScript content is minified. Learn more about [minifying JavaScript](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).

98 / 100 Eksperienca e përdoruesit

 Përmiresim për tu konsideruar:

Size tap targets appropriately

Some of the links/buttons on your webpage may be too small for a user to easily tap on a touchscreen. Consider [making these tap targets larger](#) to provide a better user experience.

The following tap targets are close to other nearby tap targets and may need additional spacing around them.

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- The tap target `<li class="">1` and 7 others are close to other tap targets.
- The tap target `<button id="slick-slide-control00" type="button">1</button>` and 6 others are close to other tap targets.
- The tap target `<button id="slick-slide-control01" type="button">2</button>` is close to 5 other tap targets.



Kalon 4 kontrolle

Avoid plugins

Your page does not appear to use plugins, which would prevent content from being usable on many platforms. Learn more about the importance of [avoiding plugins](#).

Configure the viewport

Your page specifies a viewport matching the device's size, which allows it to render properly on all devices. Learn more about [configuring viewports](#).

Size content to viewport

The contents of your page fit within the viewport. Learn more about [sizing content to the viewport](#).

Use legible font sizes

The text on your page is legible. Learn more about [using legible font sizes](#).

Desktop

Desktop



51 / 100 Shpejtësia

! Duhet përmirësuar:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

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- Compressing <https://rudinathanasi.com/wp-includes/js/jquery/jquery.js> could save 61.9KiB (65% reduction).
- Compressing <https://rudinathanasi.com/> could save 54.2KiB (82% reduction).
- Compressing <https://rudinathanasi.com/wp-includes/css/dashicons.min.css> could save 17.3KiB (39% reduction).
- Compressing <https://rudinathanasi.com/wp-content/plugins/elementor/assets/css/frontend-msie.min.css?2.3.8> could save 7.4KiB (90% reduction).
- Compressing https://www.youtube.com/iframe_api could save 368B (43% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

Desktop

Leverage browser caching for the following cacheable resources:

- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/bg.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/de.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/el.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/es.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/fr.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/it.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/mk.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/nl.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/pt.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/ro.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/sq.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider/assets/images/ajax-loader.gif> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider/assets/images/arrow-left.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider/assets/images/arrow-right.png> (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/03/IMG_4136-1.jpg (expiration not specified)
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- <https://rudinathanasi.com/wp-content/uploads/2018/10/Authorea.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg> (expiration not specified)

Desktop

- specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg> (expiration not specified)
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- <https://rudinathanasi.com/wp-content/uploads/2018/10/loop.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/orcid.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/research-id.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/rudina-thannasi-logo-png-ok.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/10/sciencemedia.png> (expiration not specified)
- <https://rudinathanasi.com/wp-content/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729.jpg> (expiration not specified)
- <https://rudinathanasi.com/wp-includes/css/dashicons.min.css> (expiration not specified)
- <https://rudinathanasi.com/wp-includes/js/jquery/jquery.js> (expiration not specified)
- https://s10.histats.com/js15_as.js (expiration not specified)
- https://static.doubleclick.net/instream/ad_status.js (15 minutes)
- https://connect.facebook.net/en_US/sdk.js (20 minutes)
- https://translate.googleapis.com/translate_static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate_static/js/element/main_sq.js (60 minutes)

Reduce server response time

In our test, your server responded in 1.7 seconds.

There are many factors that can slow down your server response time. [Please read our recommendations](#) to learn how you can monitor and measure where your server is spending the most time.

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 201KiB (54% reduction).

- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg> could save 160.8KiB (79% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729.jpg> could save 31.1KiB (25% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg> could save 2.8KiB (26% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg> could save 2KiB (22% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg> could save 1.9KiB (22% reduction).
- Compressing <https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg> could save 1.4KiB (22% reduction).
- Compressing <https://yt3.ggpht.com/-flsBFpCxzmk/AAAAAAAAAAI/AAAAAAAAAAA/ZMHILaOCULs/s68-c-k-no-mo-rj-c0xffffff/photo.jpg> could save 740B (31% reduction).
- Compressing <https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png> could save 375B (15% reduction).

Përmireshim për tu konsideruar:

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 1 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Optimize CSS Delivery](#) of the following:

- <https://fonts.googleapis.com/css?family=Oswald%3A400%2C300%2C700%7CNoto+Serif%3A400%2C400italic%2C700%2C700italic%7CAssistant%3A100%2C100italic%2C200%2C200italic%2C300%2C300italic%2C400%2C400italic%2C500%2C500italic%2C600%2C600italic%2C700%2C700italic%2C800%2C800italic%2C900%2C900italic>

Kalon 5 kontrolle

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Minify CSS

Your CSS is minified. Learn more about [minifying CSS](#).

Minify HTML

Your HTML is minified. Learn more about [minifying HTML](#).

Desktop

Minify JavaScript

Your JavaScript content is minified. Learn more about [minifying JavaScript](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).